



***The Eucharist  
in Lent***

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## **Prayers of Preparation for Worship**

**Thanks be to thee, Lord Jesus Christ,  
for all the benefits which thou has won for us,  
for all the pains and insults which thou has borne for us.  
O most merciful redeemer,  
friend and brother,  
may we know thee more clearly,  
love thee more dearly,  
and follow thee more nearly,  
day by day.**

**St Richard of Chichester 1197-1253**

**Holy God,  
our lives are laid open before you:  
rescue us from the chaos of sin  
and through the death of your Son  
bring us healing and make us whole  
in Jesus Christ our Lord.**

**Common Worship, Additional Collect for Ash Wednesday**

**Almighty and everlasting God,  
you hate nothing you have made  
and forgive the sins of all those who are penitent:  
create and make in us new and contrite hearts  
that we, worthily lamenting our sins  
and acknowledging our wretchedness,  
may receive from you, the God of all mercy,  
perfect remission and forgiveness;  
through Jesus Christ our Lord.**

**Common Worship, Collect for Ash Wednesday**

# ORDER OF SERVICE

## ¶ *The Gathering*

### *HYMN*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.  
**Amen.**

*The president greets the people*

Grace, mercy and peace  
from God our Father and the Lord Jesus Christ be with you  
**and also with you.**

*Words of welcome or introduction may be said.*

## PRAYER OF PREPARATION

*This prayer may be said*

**Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord.  
Amen.**



## PRAYERS OF PENITENCE

Our Lord Jesus Christ said:

The first commandment is this:

Hear, O Israel, the Lord our God is the only Lord.

You shall love the Lord your God with all your heart,  
with all your soul, with all your mind, and with all your strength.'

The second is this: 'Love your neighbour as yourself.'

There is no other commandment greater than these.

On these two commandments hang all the law and the prophets.

**Amen. Lord, have mercy.**

*The minister gives an invitation to confession and after a period of silence  
all say*

*either*

**Father eternal,**

**giver of light and grace,**

**we have sinned against you**

**and against our neighbour,**

**in what we have thought,**

**in what we have said and done,**

**and in the good we have not done,**

**through ignorance, through weakness,**

**through our own deliberate fault.**

**We have wounded your love,**

**and marred your image in us.**

**We are sorry and ashamed,**

**and repent of all our sins.**

**For the sake of your Son Jesus Christ, who died for us,**

**forgive us all that is past;**

**and lead us out from darkness**

**to walk as children of light.**

**Amen.**



*or, with penitential sentences the Kyrie eleison may be used:*

Lord, have mercy.

**Lord, have mercy.**

Christ, have mercy.

**Christ, have mercy.**

Lord, have mercy.

**Lord, have mercy.**

*If another confession has already been used the Kyrie eleison may be used without interpolation.*

## ABSOLUTION

The almighty and merciful Lord  
grant you pardon and forgiveness of all your sins,  
time for amendment of life,  
and the grace and strength of the Holy Spirit.

**Amen**

## THE COLLECT

*The president introduces a period of silent prayer with the words "Let us pray."*

*The collect is said and all respond*

**Amen.**



# ¶ *The Liturgy of the Word*

## READINGS

*One or more readings follow.*

*At the end of the readings the reader may say*

This is the word of the Lord.

**Thanks be to God.**

*The first reading may be followed by a* **PSALM**

*A HYMN may be sung before the gospel*

## GOSPEL READING

Hear the Gospel of our Lord Jesus Christ according to *N.*

**Glory to you, O Lord.**

*at the end*

This is the Gospel of the Lord.

**Praise to you, O Christ.**

## SERMON

## AFFIRMATION OF FAITH

Let us affirm our faith in Jesus Christ the Son of God:

**Though he was divine,  
he did not cling to equality with God,  
but made himself nothing.  
Taking the form of a slave,  
he was born in human likeness.  
He humbled himself  
and was obedient to death,  
even the death of the cross.  
Therefore God has raised him on high,  
and given him the name above every name:  
that at the name of Jesus  
every knee should bow,  
and every voice proclaim  
that Jesus Christ is Lord,  
to the glory of God the Father.  
Amen.** *(Philippians 2:6-11)*

## PRAYERS OF INTERCESSION

*One of the following responses may be used*

*or*

Lord, in your mercy  
**Hear our prayer.**

Lord, hear us.  
**Lord, graciously hear us.**

*The following ending may be used:*

Merciful Father,  
**Accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.**



## ¶ *The Liturgy of the Sacrament*

### THE PEACE

*Either*

Since we are justified by faith,  
we have peace with God through our Lord Jesus Christ,  
who has given us access to his grace.      *Romans 5:1,2*

*or*

Once we were far off,  
but now we have been brought near  
through the shedding of Christ's blood,  
for he is our peace.      *Ephesians 2:13*

The peace of the Lord be always with you  
**and also with you.**

### TAKING OF THE BREAD AND WINE

*The president takes the gifts of bread and wine uses this or another  
suitable prayer*

God of mercy and compassion,  
your Word calls us home to faith and love.  
Accept all we offer you this day;  
in the name of Jesus Christ the Lord.

**Amen**

## THE EUCHARISTIC PRAYER

The Lord be with you  
**and also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

*The president praises God for his mighty acts and all respond*

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord,  
Hosanna in the highest**

*The president recalls the Last Supper and this acclamation is used*

Jesus Christ is Lord:  
**Lord, by your cross and resurrection  
you have set us free.  
You are the Saviour of the World.**

*The prayer continues and at the end we make it our own, responding  
boldly*

**Amen.**

*or if the Eucharistic Prayer ends*

*... in songs of everlasting praise:*

**Blessing and honour and glory and power  
be yours for ever and ever.  
Amen**



## THE LORD'S PRAYER

**As our Saviour taught us, so we pray**

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

## BREAKING OF THE BREAD

Every time we eat this bread  
and drink this cup,  
**we proclaim the Lord's death  
until he comes.**

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
grant us peace.**

*or*

**Jesus, Lamb of God,  
have mercy on us.**

**Jesus, bearer of our sins,  
have mercy on us.**

**Jesus, redeemer of the world,  
grant us peace.**

## GIVING OF COMMUNION

This is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.  
**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*Those present receive communion.*

*Those online seek spiritual communion with Christ and one another in*



*prayer.*

*To the words of distribution, the communicant replies **Amen.***

## PRAYER AFTER COMMUNION

*The post communion prayer may be said.*

*All may say*

**God of our pilgrimage,  
you have fed us with the bread of heaven.  
Refresh and sustain us as we go forward on our journey,  
in the name of Jesus Christ our Lord.  
Amen.**

## **¶ The Dismissal**

## BLESSING

*Either*

Christ give you grace to grow in holiness,  
to deny yourselves, take up your cross, and follow him;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.  
**Amen.**

*or*

Christ crucified draw you to himself,  
to find in him a sure ground for faith,  
a firm support for hope,  
and the assurance of sins forgiven;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.  
**Amen.**

*The president pronounces God's blessing and all respond **Amen.***

Go in the peace of Christ.  
**Thanks be to God.**

*HYMN*